

Heat Injury and Illness Prevention - INDOOR Temperature Tracking Form

DEPARTMENT:		DATE:	
HEAT SAFETY COORDINATOR:		EMERGENCY CONTACT #:	
MONITORING EQUIPMENT:	<input type="checkbox"/> Thermometer only	<input type="checkbox"/> Thermometer plus App*	<input type="checkbox"/> Other**:
<small>* OSHA and NIOSH also co-developed a Heat Safety Tool App for both Android and iPhone devices (see www.osha.gov/heat/heatapp). Indoor temps must be manually entered into app. Humidity and ambient temperature can also be entered into the NOAA Heat Index Calculator. (see https://www.wpc.ncep.noaa.gov/html/heatindex.shtml). Wet Bulb Globe Temperatures (WBGT) may also be used.</small>			
** LAST CALIBRATED:			
INITIAL HEAT TRIGGER (<i>May vary by state</i>):		HIGH HEAT TRIGGER (<i>May vary by state</i>) :	
LOCATION	TIME (indicate AM or PM)	TEMPERATURE (F°)	HUMIDITY (%)
	AM / PM		
	AM / PM		
	AM / PM		
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MINIMUM PROTOCOLS WHEN HIGH HEAT TRIGGERS ARE REACHED			
<input type="checkbox"/> Continue company and regulatory Initial Heat Trigger protocols (water - rest - shade) PLUS:			
<input type="checkbox"/> A high heat Hazard Alert must be issued and protocols communicated to all exposed workers.			
<input type="checkbox"/> Provide workers with a list of emergency phone numbers and procedures for contacting the supervisor, heat safety coordinator, or emergency services.			
<input type="checkbox"/> Reminders must be provided to exposed workers of their right to take breaks, the importance of staying hydrated, and emergency procedures.			
<input type="checkbox"/> Exposed workers must be observed for signs and symptoms of heat-related stress. This may be by way of direct supervision or use of a buddy system.			
<input type="checkbox"/> Establish an effective two-way communication system for monitoring exposed lone or remote workers.			
<input type="checkbox"/> Exposed workers must be provided with a minimum 15-minute paid rest break at least every two hours, with additional time as needed.			
<input type="checkbox"/> Ensure adequate rest break areas are provided in cool for shaded areas for at-risk workers.			
<input type="checkbox"/> Ensure high heat signage is posted where ambient temperatures regularly reach 120°F or more.			
<input type="checkbox"/> Other:			
<input type="checkbox"/> Other:			
RETENTION PERIOD:	This document must be retained for a minimum of six (6) months.		
REVIEWED BY (<i>Print Name</i>) :			

NOTE: This form is intended to be used with the company Heat Injury and Illness Prevention Plan (HIIPP) and High Heat Hazard Alert.